



Physical Education Curriculum

Intent		At Porters Grange Primary School it is our intent is to inspire all children to develop a love of physical activity and sport. We want our children to aspirational in their life and to see the importance of physical health and activity. Through good physical education, whole school values and a whole child approach, we aim to nurture confident, resilient children who will strive for their personal best. We listen to our children and as a consequence provide them with a range of active experiences and clubs. We want to aid our children in obtaining the values and skills to celebrate and respect the success of others, as well as modestly celebrating their own successes. We aim to ensure that our delivery of physical education allows all children to have the skills and mindset to leave primary school with the capabilities to be successful in their sporting challenges and lead active, healthy lifestyles.		
Implementation	What	In Early Years- The children will try out some sports and begin to explore movement. This allows the children to explore their body's capabilities and what happens when exercising. Foundations will be made to build on in following years so basic skills can be developed.		
		In Key Stage 1- The children will begin to explore more structured areas of PE. Diving deeper and looking more at skills rather than games and matches. The children will develop their understanding of the impact of different exercises have on the body and explore a range of movements to suit all learners and skills.		
	How	Resources and Equipment	Planning	Environment
		There is a whole school scheme of work developing and progressing each area of PE ensuring a broad and balanced curriculum. There is a well-stocked PE cupboard with the resources, which are refreshed as needed, to deliver each lesson successfully. On the school teaching system there are teachers guides to key vocabulary and skills to further develop their knowledge and confidence when delivering lessons.	Planning is taken from the learning sequences and progress for each sporting area. This results in pupil's understanding and skills being developed over time. Opportunities for different sports are planned for and ensuring balance across the different areas. Sporting events will also take place outside of school via competitions and opportunities such as swimming. Embedded in these is vocabulary for each sporting area.	We are fortunate in that we have access to two halls and two playgrounds. We use these throughout the year so that children are able to take part in two timetabled hours of PE each week, whatever the weather. We also make use of the nearby Southchurch Park as a green space in which particularly summer sports can be played.
Impact	Quality of Education	Behaviour and Attitudes	Personal Development	
	Learners have an excellent knowledge of their own strengths and weaknesses with guidance on how to improve. They develop an extensive base of skills and develop levels of fitness. They should be able to explore what happens to their bodies during physical exercise and apply some scientific knowledge. Children should also be able to demonstrate good sportsmanship and develop coaching techniques as well as an appropriate vocabulary	The children will develop support and sportsmanship for the children in teams and classes and show encouragement to team's mates. The range of approaches, skills and interesting content motivates and engages pupils; developing their commitment to learning, improving their achievement and building resilience.	The Physical education curriculum aims to develop a broad and varied curriculum where children can develop their skills, stamina and resilience. It will allow the children to find an area of physical education where they can flourish. The curriculum aims to meet all physical abilities and focuses more on personal best rather than competitiveness.	
Monitoring	Conversations with Pupils	Work Scrutiny	Planning Scrutiny	Teaching and Learning Observations